

LEGENDS VOLLEYBALL TEAM INFORMATION MEETING

10/27/19

LET'S MEET THE STAFF

- ▶ Kristen Althouse
 - ▶ Director of Volleyball
- ▶ Kristie Drinkhahn
 - ▶ Club Administrator
 - ▶ Youth Development Coordinator

- ▶ 18 Adidas – Jon Denys and Kristen Althouse
- ▶ 18 National – Sherri Dziadzio
- ▶ 17 Adidas – Kristen Althouse and Elizabeth Putti
- ▶ 17 National Black – Andrew Woo
- ▶ 17 National Royal – Matthew Kaplan
- ▶ 17 Travel - TBD
- ▶ 16 Adidas – Jon Denys and Savannah Turner
- ▶ 16 National – Kaitlin Burgess and Brad Holman
- ▶ 16 Travel – Hailey Wilson
- ▶ 15 Adidas – Britt Kalmeta
- ▶ 15 National – Jayson Oliver and Elizabeth Ahola
- ▶ 15 Travel – Aaricka McCracken
- ▶ 15 State – Kristie Drinkhahn
- ▶ 14 Travel – Kristie Drinkhahn
- ▶ 14 State Black – Kathleen Campbell
- ▶ 14 State Royal – Justin Velazquez
- ▶ 14 State White – Lindsay Hiemstra
- ▶ 13 Travel – Savannah Turner
- ▶ 13 State Black – Rick Scott
- ▶ 13 State Royal – Kathleen Campbell and Rick Scott
- ▶ 12 Travel – Tracy Mack and Kristen Althouse
- ▶ 12 State – Thayne Bilicki

2020 LEGEND'S COACHES

- ▶ Phone (call or text): 810-819-7790
- ▶ Email: ptinfo@legacycentermichigan.com
- ▶ Website: <http://www.legacypthmi.com>
- ▶ Facebook: @legacyphysicaltherapy
- ▶ Instagram: @legacypth_mi
- ▶ Rachel Selina PT, DPT
- ▶ Nate Santoni AT, ATC



LEGACY

PHYSICAL THERAPY

To help young
athletes believe in
their full potential
through a
contagious
championship
culture.

LEGENDS VOLLEYBALL VISION

We expect your best every day.

You must take care of yourself first in order to take care of the person next to you. Make sure you are speaking positively to yourself.

The person next to you is the only way we succeed. Believe in them more than they believe in themselves.

The little things in sport and in life are actually the things that matter the most. Don't let them be forgotten.

Make a choice to find the positive in every situation.

There is no room for complaints unless you are willing to come up with one or two solutions as well.

Leave everywhere you go in a better condition than when you found it.

CONTAGIOUS CHAMPIONSHIP CULTURE

- ▶ Be on time
- ▶ Work hard
- ▶ Cheer more for the person next to you more than you do for yourself.
- ▶ When you have questions, ask!

PLAYER GUIDING BLOCKS

A decorative graphic consisting of several parallel white lines of varying lengths, slanted diagonally from the bottom right towards the top right, set against the blue background.



INTRODUCING



- ▶ Team Meeting Rooms
- ▶ Plenty of Bathrooms
- ▶ New Concession Stand and Bar
- ▶ Plenty of Space
- ▶ July 1, 2020

Volleyball Basketball Arena



- ▶ Experienced Coaches
- ▶ Coach Education
- ▶ Positive Culture
- ▶ Family Environment
- ▶ College Recruiting assistance for all athletes interested

WHAT MAKES US DIFFERENT

- ▶ Open Practices
- ▶ 24 Hour Rule
- ▶ Best and Biggest support system for your athlete
- ▶ Enjoy one another and support your team
- ▶ GroupMe Communication

PARENT GUIDING BLOCKS

A decorative graphic consisting of several parallel white lines of varying lengths, slanted upwards from left to right, located in the bottom right corner of the slide.

- ▶ Parent/Player Contracts
 - ▶ www.sportsforms.club/legends-volleyball.html
- ▶ Spirit Wear/Uniform Order by Nov. 1
 - ▶ Uniform try-on available after team meetings
 - ▶ www.legendsvb2019two.itemorder.com/sale

GENERAL INFORMATION



- ▶ Facebook Page
 - ▶ Legends Volleyball Hotel Info.
- ▶ Private page where we can post up to date information about the blocks
- ▶ Great for Carpooling

HOTEL INFORMATION

A decorative graphic consisting of several parallel white lines of varying lengths, slanted diagonally from the bottom right towards the top right, set against the blue background.

Adidas and National Teams

- Sundays Nov. 3, 10, 17, 24, Dec. 1
- Choose up to 2
 - 9-10 Passing/Defense
 - 10-11 Setting
 - 11-12 Hitting
 - 12-1 Serving

Travel and State

- Monday and Wednesday 6:30-8pm
 - Nov. 11, 13, 18, 20
- Sunday Dec. 8 and 15 10-12am

PRESEASON
TRAINING



- ▶ AAU Membership Code
- ▶ WY79YB
- ▶ \$14 for the membership
- ▶ All athletes must have one

- ▶ USAV membership
- ▶ Pick Legends Volleyball Organization
- ▶ All National and Adidas Teams - required
- ▶ Keep all membership cards in your email. You will upload them to sports forms through a link.



MEMBERSHIPS



- ▶ Goal is to get All families to participate and receive 1 donation from each family
- ▶ All proceeds you raise will go towards your club dues.
- ▶ Scholarship families are required to participate.

Campaign
Directors:
Clay Bourgeois
and John Hullinger

SNAP RAISE

Decorative white lines consisting of several parallel diagonal lines extending from the bottom right towards the top right of the slide.

- ▶ Donations go to help feed families in need
- ▶ Part of the proceeds also come back to us for scholarships and equipment
- ▶ Need Volunteers for Tuesday Morning before Thanksgiving

More info coming this week.

TURKEY GIVEAWAY

2019 L.E.A.D. FOUNDATION

LEAD


FOUNDATION

TURKEY GIVEAWAY

POWERED BY: **meijer**

TUESDAY, NOVEMBER 26, 2019 | 10:00a - 2:00p

·BE THE CHANGE YOU WANT TO SEE·



Provide 500 Families with a Thanksgiving Holiday


DONATE AT:

WWW.MYLEADFOUNDATION.ORG

TO FEED FAMILIES IN NEED - REGISTER ONLINE

\$100 - 2 FAMILIES | \$250 - 5 FAMILIES | \$500 - 10 FAMILIES
 \$1,000 - 20 FAMILIES | \$2,500 - 50 FAMILIES | \$5,000 - 100 FAMILIES

SPONSORED BY:



www.myleadfoundation.org | [f @LEADFoundationMI](#) | [@MYLEADFOUNDATION](#) | 313.909.0871 | info@myleadfoundation.org

Court build on May 7th

Court tear down on May 10th

- ▶ Looking for a head of volunteers



FREEDOM CLASSIC MAY 9 - 10

- ▶ 20% off Fitness Memberships
- ▶ Level 1- Basic
 - ▶ Reg: \$50/month Club: \$40/month
- ▶ Level 2- Basic plus all Group Fitness and Yoga classes
 - ▶ Reg: \$100/month Club \$80/month
- ▶ Level 3- Basic plus all Group Fitness, Yoga, and our Signature Group Personal Training LegacyFit classes.
 - ▶ Reg: \$150/month Club \$120/month.

▶ Contact Kristi Pettis for a free class today!

▶ 248-444-8440

▶ kpettis@legacycentermichigan.com

LEGACY CENTER FITNESS AND YOGA



▶ Randy Young

- ▶ Director of Sports Performance
- ▶ Chad Barribeau – Sports Performance Assistant Director
- ▶ Britt Kalmeta – Sports performance Coach

- ▶ Consistency is what will make you stronger and faster
- ▶ Included in Adidas and National Team Packages

SPORTS PERFORMANCE



CLOSING REMARKS AND QUESTIONS

